

North Shore Day — Ke'e to Hanalei

06

GoHaena Shuttle to Ke'e · Chocolate Tour · Tunnels · Dry Cave · Hanalei · Welina & 1 Kitchen

AUGUST 2026

FULLEST DAY OF THE TRIP · LEAVE POIPU 4:45 AM · GOHAENA PDFs DOWNLOADED TONIGHT

DAY TIMELINE



Booked / confirmed



Timing window — arrive on time



Flexible — shuffle or skip

4:45 AM	Leave Poipu — villa breakfast first, PDFs already on phones ~1 hr 25 min north to Waipa Park & Ride · GoHaena PDFs DOWNLOADED (no cell service en route or at the park) · Everything packed last night.
6:10 AM	Check in — Waipa Park & Ride BOOKED · GoHaena Shuttle · Order #WS1203276 · Shuttle departs 6:20 SHARP · Ticket holders MUST ride the shuttle - no walk-ins · First PDF page boards; remaining pages are Hop-On return passes.
6:35-8:00	Ke'e Beach — Ha'ena State Park Shuttle drops you at ~6:35 - the lagoon in perfect morning light before the crowds · Snorkel the calm, lava-framed cove · Hop-On shuttle back to Waipa when done.
~8:15-8:40	Anini Beach — rinse off (optional) Anini Beach Rd, Kilauea · Outdoor showers before the garden · Skip if you stayed dry.
9:00 AM	Arrive Princeville Botanical Gardens 3840 Ahonui Pl · By 9:00 for the 9:30 tour · From the shopping center: south, right on Kapaka Rd 1 mi, left on Ahonui · (808) 634-5505.
9:30-12:30	Chocolate Tour — walking & tasting BOOKED #346065852 & #346065603 · waivers signed · Valley walk, fruit tastings, honey, 30-min chocolate tasting · River shoes + bug spray.
~12:45-1:20	Lunch — Nourish Hanalei 5225 Hanalei Plantation Rd, Princeville · Veg & fruit bowls, wraps · walk-in.
~1:30-2:15	Tunnels Beach Premier snorkel reef · Street parking fills fast - fallback: Ha'ena Beach Park + 10-min beach walk.
~2:20-2:35	Maniniholo Dry Cave Across from Ha'ena Beach Park · ~100 ft into the rock - DIVE FLASHLIGHTS · No hike.
~3:00-3:15	Hanalei Valley Lookout Kuhio Hwy, mountain side past the shopping center · Taro-field panorama.
~3:20-3:35	Wishing Well Shave Ice Rolling into Hanalei · organic, real fruit · must-try.
~3:35-6:15	Hanalei Bay, Pier & Town Beach (Pavilion / Black Pot / Waikoko), pier, shops, Waioli Hui'ia Church (1837) · Rinse at beach showers before shopping.
7:00 PM	Sunset mocktails — Welina Terrace 1 Hotel Hanalei Bay, 5520 Ka Haku Rd · CONFIRMED via OpenTable - on COURTNEY'S account · Best sunset view on Kauai · Sunset ~7:16.
7:30 PM	Dinner — 1 Kitchen Same property · CONFIRMED via OpenTable - on ERIC'S account (one res per account per night) · Courtney's order: warm brownie, caramel ganache on the side, vanilla gelato.

MEALS AT A GLANCE

BREAKFAST

Villa, before 4:45 AM

Quick - eggs, toast, fruit, POG

LUNCH

Nourish Hanalei, ~12:45

Bowls & wraps · walk-in · Princeville

DINNER

Welina 7:00 + 1 Kitchen 7:30

BOTH CONFIRMED · two OpenTable accounts

CRITICAL REMINDERS

- GOHAENA PDFs: download to EVERY phone tonight - no cell service on the route or at the park. First page boards the 6:20 shuttle; the rest are Hop-On returns. Order #WS1203276. No PDF = no entry.
- Ticket holders MUST ride the shuttle for park entry - there is no driving in and no walk-in option. Waipa check-in 6:10 SHARP.
- EVENING RESERVATIONS LIVE ON TWO OPENTABLE ACCOUNTS: Welina 7:00 PM on COURTNEY'S, 1 Kitchen 7:30 PM on ERIC'S. Pull up BOTH confirmations before leaving the villa.
- Check ocean conditions: hioceansafety.com - Ke'e and Tunnels are NOT lifeguarded. When in doubt, don't go out.
- Garden: arrive 9:00 (30 min early), river shoes on, bug repellent BEFORE the tour. Dry cave needs the dive flashlights - batteries checked tonight.
- TONIGHT: prep breakfast burritos (foil-wrapped) AND sign all 3 zipline/tubing waivers - tomorrow's check-in is 7:30 AM SHARP in Lihue.

PACKING CHECKLIST — PACK TONIGHT, 4:45 AM DEPARTURE

☐	GoHaena PDFs on EVERY phone	☐	Day pack + water bottles
☐	BOTH OpenTable confirmations (E + C)	☐	Hair ties + lip balm SPF
☐	Snorkel gear - masks, fins	☐	Swimsuits + cover-ups
☐	Beach towels + body wash/washcloths	☐	Change of clothes (post-Anini rinse)
☐	Reef-safe sunscreen (no spray)	☐	Light jacket - breezy Welina evening
☐	Bug repellent (garden - essential)	☐	Smart casual for 1 Hotel dinner
☐	River shoes (muddy garden paths)	☐	Cash - lunch, shops, shave ice
☐	Dive flashlights + 21700 batteries	☐	Cameras + GoPro + phone battery
☐	Dry/wet bag - gear separation	☐	Deodorant in the car (freshen-up)

KEY NUMBERS & CONFIRMATIONS

GoHaena Shuttle Waipa Park & Ride Order #WS1203276 check-in 6:10 · departs 6:20	Princeville Botanical (808) 634-5505 #346065852 + #346065603 waivers signed	1 Hotel Hanalei Bay 5520 Ka Haku Rd Welina 7:00 - Courtney's OT 1 Kitchen 7:30 - Eric's OT	Waiohai (home base) (808) 742-4400 2249 Poipu Rd, Koloa
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The timeline IS the route - one sweep up Rte 560 and back. Sunrise 6:11 AM, watched from the shuttle or the lagoon · Sunset ~7:16 PM from Welina Terrace. Tomorrow: zipline check-in 7:30 AM SHARP in Lihue.