

Anniversary Day — Royal Coconut Coast

05

AUGUST 2026

Wailua River Kayak · Uluwehi Falls · Lydgate · Kapa'a Town · Hukilau Lanai

HAPPY 15TH ANNIVERSARY, COURTNEY & ERIC!

DAY TIMELINE

 Booked / confirmed — fixed  Walk-up timing window — arrive on time  Flexible — shuffle or skip freely

~5:50 AM	OPTIONAL — Sunrise walk, Ke Ala Hele Makalae Trail Start at Lydgate Beach Park. Flat paved coastal path; sunrise 6:15 AM. Turn around by 7:00 to make breakfast.
7:30 AM	Breakfast — Lava Lava Beach Club 420 Papaloa Rd, Kapa'a · (808) 241-5282 · Walk-up only, arrive by 7:30 · Feet-in-the-sand tables.
8:45 AM	Kayak check-in — Kayak Kaua'i, Wailua Marina 3-5971 Kuhio Hwy, Kapa'a · (808) 826-9844 · Booking #STAM-280426 · Paid in full, all waivers signed · Fill water bottles at the marina station.
9:00 AM-2:00 PM	Wailua Sacred Falls kayak & hike Paddle 2 mi up the Wailua River, 1-mi jungle hike to 120-ft Uluwehi (Secret) Falls, swim at the base. Deli lunch at the falls is INCLUDED. River shoes MANDATORY - no flip flops. Return paddle has headwinds.
~2:15 PM	Wailua Falls viewpoint End of Maalo Rd (Rte 583), ~10 min from marina. Twin 80-ft falls from the parking lot - no hike. Free.
~3:00 PM	Lydgate Beach Park — shower + swim SHOWER FIRST with body wash and washcloths from the car (leptospirosis precaution), then swim/snorkel the protected rock pond. Lifeguarded.
~4:30 PM	Wailua Shave Ice Quick stop on the way into Kapa'a - fresh fruit syrups, haupia foam. ~\$8-14, ~15 min.
~5:00 PM	Kapa'a Town Kamoa Ukulele, Shipwrecked Kauai (BUY SWEATSHIRTS for Haleakala - 4-1384 Kuhio Hwy), Kiko boutique, Bamboo Works. Park once - dinner is in town.
7:00 PM	ANNIVERSARY DINNER — Hukilau Lanai 520 Aleka Loop, Kapa'a · (808) 822-0600 · CONFIRMED 7:00 PM via Yelp · Ocean-side table requested · Fine dining, Kauai surf & turf.

MEALS AT A GLANCE

BREAKFAST	LUNCH	DINNER
Lava Lava Beach Club, 7:30 AM Walk-up · beachfront	Included at Uluwehi Falls Deli sandwiches, chips, fruit & cookies at the falls	Hukilau Lanai, 7:00 PM CONFIRMED · anniversary · ocean-side requested

CRITICAL REMINDERS

- Leptospirosis is present in Kauai rivers - do not swallow river water, cover open cuts before paddling, and shower thoroughly at Lydgate immediately after the tour.
- River shoes are mandatory on the falls trail. The guide will enforce this - no flip flops.
- Pre-pack in the car TONIGHT: warm change of clothes, towel, deodorant, body wash + 2-3 washcloths, and the anniversary card/gift.
- Bug repellent before the jungle hike - mosquitoes are active on the trail.
- Reef-safe sunscreen only (required by law). Reapply on the water.

PACKING CHECKLIST

☐	River shoes (mandatory)	☐	Snorkel gear for Lydgate
☐	Body wash + washcloths (hotel)	☐	Beach towels
☐	Bug repellent	☐	Bathing suit under long-sleeve shirt
☐	Reef-safe sunscreen	☐	Change of clothes + warm layer (car)
☐	Waterproof camera / GoPro	☐	Deodorant (car)
☐	Lip balm SPF, hair ties, lotion	☐	Nice outfit for anniversary dinner
☐	Personal dry bag / pouch	☐	Flip flops for beach and town
☐	Light pre-paddle snack	☐	Hat and sunglasses
☐	Reusable water bottles	☐	Cash, wallet, ID, credit card
		☐	ANNIVERSARY CARD / GIFT

ROUTE — TODAY'S STOPS IN ORDER

1	Ke Ala Hele Makalae Trail (optional)	Lydgate Beach Park, Lihue
2	Lava Lava Beach Club	420 Papaloa Rd, Kapa'a
3	Kayak Kaua'i - Wailua Marina	3-5971 Kuhio Hwy, Kapa'a
4	Uluwehi (Secret) Falls	Wailua River Valley - via tour
5	Wailua Falls viewpoint	End of Maalo Rd (Rte 583)
6	Lydgate Beach Park - shower & snorkel	Leho Drive, Lihue
7	Wailua Shave Ice	Kapa'a - on the main drag
8	Kapa'a Town shops	Kuhio Hwy (Rte 56), Kapa'a
9	Hukilau Lanai - anniversary dinner	520 Aleka Loop, Kapa'a

KEY NUMBERS & CONFIRMATIONS

Kayak Kaua'i (808) 826-9844 #STAM-280426 • paid, waivers signed	Hukilau Lanai (808) 822-0600 Confirmed 7:00 PM • ocean-side requested	Lava Lava Beach Club (808) 241-5282 Walk-up - no reservation	Waiohai (home base) (808) 742-4400 2249 Poipu Rd, Koloa
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Sunrise 6:15 AM · Sunset ~7:12 PM · Everything above is printed so no cell service is needed. Tomorrow: 6:00 AM departure for the North Shore (Ke'e Beach - entry reservation required).